



Handball Futures Festival – July 20-26, 2026

Monday, July 20

10am – 4:00 pm	Athlete Check-in – Penrose Athletic Center
10:00 – 5:00pm	Opportunity to visit the U.S. Olympic and Paralympic Museum Transportation and reduced ticket price responsibility of Attendees (Get tix: https://tickets.usopm.org/events/019e0390-cd74-eae9-7dda-4171ceaabe89)
5:30 – 7:30	Dinner in Dining Hall
7:30 – 9:00pm	All-Delegation Meeting – Penrose Athletic Center
11pm	Lights Out

Tuesday, July 21

7:30 – 10am	Breakfast in Dining Hall
8:00 – 9:30am	East Team – Practice in Main Gym
9:30 – 11:00am	North Team – Practice in Main Gym
11:00 – 12:30pm	South Team – Practice in Main Gym
11:30 – 2:00pm	Lunch in Dining Hall
12:30 – 2:00pm	West Team – Practice in Main Gym
2:00 – 3:30pm	East Team – Practice in Main Gym
3:30 – 5:00pm	North Team – Practice in Main Gym
5:00 – 6:30pm	South Team – Practice in Main Gym
6:00 – 9:00pm	Dinner in Dining Hall
6:30 – 8:00pm	West Team – Practice in Main Gym
9:00 – 10:00pm	Team Meetings – Team Lounge
11pm	Lights Out

Wednesday, July 22

7:30 – 9:30am	Breakfast in Dining Hall
8:00 – 9:00am	North Team – Practice in Main Gym
9:00 – 10:00am	South Team – Practice in Main Gym
10:00 – 11:00am	West Team – Practice in Main Gym
11:00 – 12:00pm	East Team – Practice in Main Gym
11:00 – 1:00pm	Lunch in Dining Hall
12:30 – 1:15pm	Meet and Greet with Olympians and National Team Members
1:15 – 2:00pm	Opening Ceremonies
2:00 – 4:00pm	North vs South – Main Gym
4:00 – 4:30pm	Youth “Try It” Clinic/Olympian and National Team Autographs
4:30 – 6:30pm	West vs East – Main Gym
5:30 – 7:30pm	Dinner in Dining Hall
7:30 – 9:00pm	Team Meetings – Team Lounge
11pm	Lights Out

Thursday, July 23

7:30 – 9:30am	Breakfast in Dining Hall
8:00 – 9:00am	South Team – Practice in Main Gym
9:00 – 10:00am	West Team – Practice in Main Gym
10:00 – 11:00am	East Team – Practice in Main Gym
11:00 – 12:00pm	North Team – Practice in Main Gym
11:30 – 1:30pm	Lunch in Dining Hall
2:00 – 4:00pm	South vs West – Main Gym
4:00 – 6:00pm	East vs North – Main Gym
5:30 – 7:30pm	Dinner in Dining Hall
7:30 – 9:00pm	Team Meetings – Team Lounge
11pm	Lights Out

Friday, July 24

7:30 – 9:30am	Breakfast in Dining Hall
8:00 – 9:00am	West Team – Practice in Main Gym
9:00 – 10:00am	East Team – Practice in Main Gym
10:00 – 11:00am	North Team – Practice in Main Gym
11:00 – 12:00pm	South Team – Practice in Main Gym
11:30 – 1:30pm	Lunch in Dining Hall
2:00 – 4:00pm	North vs West – Main Gym
4:00 – 6:00pm	East vs South – Main Gym
5:30 – 7:30pm	Dinner in Dining Hall
7:30 – 9:00pm	Team Meetings – Team Lounge
11pm	Lights Out

Saturday, July 25

7:30 – 9:30am	Breakfast in Dining Hall
8:00 – 8:30am	Load buses to the Olympic Training Center (OTC) (2 buses; suburban)
8:30am	Buses depart for the OTC
10:45am	Buses return from the OTC
11:30 – 1:30pm	Lunch in Dining Hall
2:00 – 4:00pm	Bronze Medal Game – Main Gym
4:00 – 6:00pm	Gold Medal Game – Main Gym
6:00 – 6:30pm	Awards Ceremony
7:00 – 7:20pm	Load buses to Jose Muldoon's
7:20pm	Buses depart for Jose Muldoon's (3 buses)
10:00pm	First bus returns from Jose Muldoon's
11:00pm	Last bus returns from Jose Muldoon's

Sunday, July 26

4:00am	First Shuttle to airport
6:00am	Second Shuttle to airport
7:00 – 8:30am	Breakfast in Dining Hall
8:00am	Third Shuttle to airport
12:00pm	Final Shuttle to airport